



Experiencias que transforman tu vida



## Clan of the Sun

*"The birth of a new man"*

"A man who does not embrace his wounds will never feel happy with who he is, thus to hide his unhappiness, he will have to create all kinds of violent behaviors; sometimes he will only hurt himself, isolating himself from the whole world, and other times he will hurt others in different ways, for example, by going to war where society has given men permission to kill others, all this so as not to feel his original wounds. When a man allows himself to be sensitive and embrace his wounds, this embracement initiates the awakening of the alchemy in his heart, bringing peace, understanding, and a deep relaxation of his tensions caused by the hidden pain."

A. Nodedt.



## Clan of the Sun

### The lineage of Clan of the Sun

Osho, at the end of 1989, delivered the instructions to create the group for men to Yogi (Dhyan John). Subsequently, it was led by Indivar and Bhadra for some time; Sudheer instructed it in the Nordic countries, and later Wadud (Prasad), continued to share this group in Italy and Denmark, carrying the original name in English "Men's Liberation".

In May 2016, Anan receives the transmission of this group by Prasad in Italy, and -since Anan would start sharing this group in Latin America-, they discuss the possibility of changing its name, thus agreeing to call it "Clan of the Sun". Currently, Anan continues the lineage preserving the main instructions that Osho gave for this group, and shares it in several countries in Latin America and Spain with the name "Clan del Sol" (Clan of the Sun), and Sudheer in several European countries under the name "Men's Liberation".



## Clan of the Sun

Osho created this group to give man the chance to discover his true nature and live in freedom. It is a workshop for men who want to find for themselves the meaning of being a man; it is for men who want to take their power and are fully committed to life and to enjoy all that it offers, and at the same time, be focused on their inner being. It is for men who value having meaningful relationships that nourish, support, and maintain their unique integrity and individuality.

The secret to this is balance. For centuries, mystics and enlightened ones have known that every man and every woman possess both male and female energies. When any of these energies is out of balance or absent in our lives, we may feel incomplete and overwhelmed by all the challenges life presents; thus, even if we are being successful, we continue to feel that something is missing.

This group provides a direct experience of your masculine and feminine energies so that you can discover their deep nature and recognize what each of them contributes to your life. You will learn the art of balance, and how these two essential aspects within you can be in harmony.

Many of the problems that men face today are related to conflicts with women, with other men, and/or with themselves: the stress of feeling that there is too much to do and that you are not strong enough or don't have enough time, the feeling that life is meaningless and full of boring routines, the inability to open up and have fruitful relationships. These, among many other concerns in your life, may begin to disappear as we become more alert, aware of our deepest nature.

This is an intense and at the same time very relaxed and deeply pleasant workshop. By accepting the challenge of participating in this group in a total and open way, you will experience the promise of a transformation, freeing the natural love in your heart and the power and intelligence that every man has inside. You will experience what it is to feel complete and focused on yourself.